

Pre Cath and Pre Pacemaker Instructions online form

Same Day Admission Patient Instructions for Cardiac Cath Lab Procedures

- *Nothing to eat or drink after midnight the night before the procedure.
- *Have transportation arranged to drive you to the hospital and back home.
- *If you have a living will or medical directive please bring a copy with you to the hospital.
- *Bring current medications or a current list of medications with amount/time taken.
- *Bring an overnight bag with toiletries, robe, and warm socks. No valuables!
- *Glasses/contacts; hearing aids and dentures can be worn during the procedure.
- *The morning of your procedure **DO NOT TAKE** your fluid (diuretic) medication or your blood sugar (diabetic) medication whether oral or insulin. *(Diabetics please check your blood sugar before coming to the hospital.)*
- *The morning of your procedure **PLEASE TAKE** your heart medication; your blood pressure medication and your aspirin *(if taken daily)*.
- *Your doctor will schedule the order and time of arrival the day prior to your procedure. A Cardiac Pavilion nurse will call to talk with you the day before your procedure to arrange your arrival time as well as to go over final instructions.
- *If you have not received a call by 2:00 p.m. the afternoon prior to your procedure date, please call the Cardiac Pavilion at (434) 947-1919.
- *On occasion the doctor may need to change the scheduling of our patients due to emergent situations. We will make every effort to limit your wait time.
- *Pre-procedure instructions may change according to patient and physician preference.

SPECIAL INSTRUCTIONS FROM YOUR DOCTOR

- *If your procedure is for a permanent pacemaker or defibrillator, **DO NOT TAKE** your Plavix, aspirin, Coumadin or other blood thinning medications.