



2410 Atherholt Road
Lynchburg, VA 24501
(434) 544.2331 or (434) 200.5252

Instructions for Cardiac Tests

- Echo Carotid Lower Extremity Arterial Study Venous Study

Scheduled on: _____ at _____ AM/PM

Check-in time: _____

1. No prep.
2. Expect to spend approximately 45 minutes.

- Abdominal Ultrasound

Scheduled on: _____ at _____ AM/PM

Check-in time: _____

1. Do not eat 12 hours prior to test.
2. Expect to spend approximately 45 minutes.

- Holter/Event Monitor

Scheduled on: _____ at _____ AM/PM

Check-in time: _____

1. Wear a garment which opens in the front from the neck to the waist.
Women should **not** wear full slips.
2. Please do not apply any lotion or cream to your chest. You **cannot** bathe or swim while wearing the monitor; otherwise you are to do all routine activities.
3. Expect to spend approximately 30 minutes.

Your report will be sent to your primary physician, and he or she will advise you of the results.

You will have an office visit to follow with _____.

Bring this form with you for the appointment with your insurance cards.